



Shopping List for FISH Food Bank  
Donations Can Be Dropped Off At  
1130 Tucker Road, Hood River  
Mondays, Wednesdays, Fridays  
7:30am to 11am

### Fresh Produce

All Kinds

### DRY GOODS

- Peanut Butter
- Hamburger Helper
- Jelly / Jam
- Cereals
- Boxed Meals
- Dried Beans
- Pasta
- Fideo Pasta
- Rice-A-Roni
- Ramen
- Brown Rice
- Mac n' Cheese
- Vegetable Oil
- Olive Oil
- Sugar

### Baked Goods

- Cake Mix
- Pancake Mix
- Cornbread Mix
- Bread Mix
- Jiffy Mixes

### KIDS FOOD

- Juice Boxes
- Snack Bars
- Fruit Cups
- Fruit Snacks
- Cups of Mac n' Cheese
- Ramen Cups
- Pudding
- Fruit Roll-Ups

### OTHER

- Baby Food
- Drinks
- Condiments

### TOILETRIES

- Body Soap
- Toothpaste
- Toilet Paper
- Feminine Hygiene Products
- Wipes
- Tooth Brushes
- Diapers

### CANNED GOODS

- Canned Meats
- Hominy
- Lard
- Mole Sauce
- Soup / Chile
- El Pato Sauce
- Canned Jalapeños

### Miscellaneous

- Gluten-free Products
- Shelf-stable juice: any flavor

FISH is a 501(c)3 registered non-profit organization, serving Hood River County since 1969.

[www.fish-food-bank.com](http://www.fish-food-bank.com)

February/March 2023 List